

### **Recognized by ADA**

It is well known that mercury will store 1<sup>st</sup> in the kidney, 2<sup>nd</sup> in the liver, 3<sup>rd</sup> in the neurological tissue, 4<sup>th</sup> in the GI tract, and then in the rest of the tissues. Symptoms related to mercury are vast; however, even the American Dental Association (ADA) admits to the following symptoms:

1. Tremor observed in fine voluntary muscle movement, such as handwriting, eventually progressing to convulsions.
2. Depression, fatigue, increased irritability, moodiness, nervous excitability - especially when criticized
3. Inability to concentrate, loss of memory
4. Insomnia or drowsiness
5. Nausea and diarrhea
6. Loss of appetite
7. Birth defects in offspring
8. Nephritis or symptoms of kidney disease
9. Pneumonitis
10. Swollen glands and tongue
11. Ulceration of oral mucosa
12. Dark pigmentation of marginal gingiva and loosening of teeth

Other documented symptoms that affect various body systems include the following:

### **Psychological & Behavioral**

Anxiety	Emotional Instability
Apathy	Inability to concentrate
Confusion	Psychological disturbances

### **Cardiovascular System**

Anemia  
Agina  
Heart attack  
Heart murmur  
Tachycardia  
Pressure in chest  
Arteriosclerosis  
Irregular heartbeat  
Unexplained chest pains

### **Digestive System**

Colitis  
Constipation  
Ulcers  
Diarrhea  
Diverticulitis  
Stomach cramps  
Loss of appetite  
Digestive problems  
Frequent bloating  
Frequent heartburn

### **Immune System**

Cancer

### **Central Nervous System**

Dizziness  
Convulsions  
Dim vision  
Epilepsy  
Facial twitches  
Insomnia  
Voices in head  
Hearing difficulty  
Mental disability  
Muscle paralysis  
Muscle twitches  
Multiple sclerosis  
Ringing in ears  
Speech disorders  
Difficulty walking  
Chronic headaches  
Unexplained leg jerks  
Failure of muscle coordination  
Noises or sounds in head  
Narrowing of field of vision  
Numbness of arms and legs  
Tremors of hands, feet, lips  
Tingling of fingers, toes, lips, or nose  
Loss of ability to perform hand movement

Depression	Lowered intelligence
Fits of anger	Manic Depression
Forgetfulness	Lack of self-control
Irritability	Short attention span

Hallucinations	Short-term memory loss
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Nervousness	Sleep disturbances
Nightmares	Difficulty making decisions
Tension	Unexplained suicidal ideas
Your Dr. said, "It's your nerves"	

Candia Albicans  
 Asthma  
 Mononucleosis  
 Allergies  
 Leukemia  
 Rhinitis  
 Swollen glands  
 Sinusitis  
 Chronic Fatigue  
 Epstein-Barr virus  
 Environmental illness  
 Hodgkins disease  
 Immune deficiency disease  
 Susceptible to flu, colds, etc.

**Oral Cavity**

Bad breath  
 Bleeding gums  
 Mouth ulcers  
 Leukoplakia  
 Stomatitis  
 Swollen tongue  
 Loosening of teeth  
 Loss of teeth  
 Bone loss around teeth  
 Increased flow of saliva  
 Enlarged salivary glands  
 Burning sensation in mouth  
 Metallic taste in mouth

**Endocrine system**

Arthritis  
 Increased sweating  
 Diabetes  
 Diabetic tendency  
 Edema  
 Thyroid dysfunction  
 Osteoporosis  
 Slow healing  
 Leg cramps  
 Weight loss  
 Kidney stones  
 Pain in joints  
 Cold hands and feet  
 Decreased sexual activity  
 Chronic low body temperature  
 Frequent urination – especially at night

**Skin**

Acne	Excessive itching
Dermatitis	Rough skin
Skin flushes	Rashes

**Energy Symptoms**

Lethargy	Chronic fatigue
Drowsiness	Oversleeping
Tiredness	Lack of energy